LIFE & LIGHT NEWTOWNBREDA **GOSPEL HALL** A magazine to teach, inform, challenge and encourage Inside this issue: Getting to know us What happens next? Out with the old and in with the new! Spiritual Sudoku Wonders of creation

A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels:

Proverbs 1:5

Issue 4



Welcome to Life & Light magazine!

Produced by Christians who meet in Newtownbreda Gospel Hall

But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear (1 Peter 3:15).

Trapped in a Prison

Sometimes in life we can feel trapped, as if we are in a prison. Circumstances, debt, difficult relationships and seemingly unbreakable sins can leave us feeling that there is no way out. Perhaps your situation is overwhelming you. Frederick Langbridge, author and poet, once wrote to instil hope:

Two men looked out from prison bars, one saw mud, the other stars.

The Bible records a story about two men in prison but neither was dismayed for both men believed that God knew their circumstances and that He was able to change what they could not (Acts 16).

There is a God in heaven who loves us, who loves you. He loved us so much that He sent His Son into the world that we might not perish in our sins but have everlasting life (John 3:16). Who gave himself for our sins, that he might deliver us from this present evil world (Galatians 1:4).

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness (1 John 1:9).

I came to Jesus as I was weary and worn and sad and found in Him a resting place and He has made me glad. Horatius Bonar

To every thing there is a season, and a time to every purpose under the heaven Ecclesiastes 3:1

Getting to know us!

My mother was walking down the Ormeau Road one day when she read a text placed on the Gospel Hall billboard 'Ye must be born again' (John 3:7). She was puzzled by the words and wondered how can you be born again? A friend took her to a gospel meeting where the preacher was a Mr. Frank Knox. It was the first gospel meeting that she was ever in. She stayed behind to speak to Mr. Knox, who opened the scriptures at John 5:24. Mother heard the gospel and that night trusted the LORD as her Saviour; it was just before her 18th birthday. My mother then moved to England, married and had two children, my brother Robert and I.



My name is Annabelle and I was born in England but came over to Belfast with my parents and brother in 1958. My mother sent us to Kingsbridge Gospel Hall. Once when my brother and I were late for Sunday School we went to a different church but Mother knew we were not at Kingsbridge so the next Sunday she marched both of us down to the Ormeau Road Gospel hall for she didn't want us to go anywhere else.

We still have picture texts on the wall and books we received as Sunday School prizes for learning verses and attendance. We also went to the gospel meeting at night.

I knew the Bible and all about Jesus, but did not know Him as my Saviour.

We moved to Belvoir in 1966 and after some time I started attending meetings again in Newtownbreda Gospel Hall and I got back to the gospel and the Scriptures.

I knew about sin and had heard the gospel many a time but I became aware of my own sins and became concerned about eternity and where my soul would be: in heaven or hell. There were special gospel meetings on and I was listening attentively, taking note what God was saying to me. I went home and read my Bible in John 3:36: He that believeth on the Son hath everlasting life and he that believeth not the Son shall not see life but the wrath of God abideth on him.

I realised that God's wrath was ready to fall on me and I would not be in heaven. But when they were come to the place which is called Calvary, Jesus took God's wrath upon Himself. So that night, realising I was a sinner with God's wrath abiding on me, I took in that the Lord Jesus bore God's wrath for me and I believed on Him and now I have eternal life.

I have lived in Belvoir ever since. My mother is now over 100 years old but no matter what happens we both know that all is well for eternity. It is a wonderful blessing to be saved I pray that you too will trust the Lord Jesus for salvation.

Burdens are lifted at Calvary

A school teacher held out in her hand a half-filled glass of water. The class thought they were going to be asked the "half empty or half full" question. Instead, with a smile on her face, she enquired, "How heavy is this glass of water?"

Answers called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralysed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes."

She continued, "The stresses and worries in life, uncertainty about the future and feelings of guilt are like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralysed – incapable of doing anything."

There is someone who can lift our burdens and remove the weight of our sins from us. He is able to do this because of Calvary, where He gave Himself for us.

Remember to set the glass down.

Jesus said: Come unto me, all ye that labour and are heavy laden, and I will give you rest. Matthew 11:28



Here is a story in the Bible that we would encourage you to read to find out what happens next

The man was rich, wore fine clothes and lived in a grand house. He came from a large family and had 5 brothers. In his lifetime he received many good things and really wanted for nothing in this life. However there was a poor man (poor in this world yet rich in faith) who had little in this life and lay at the gate into the rich man's estate begging for food. The Lord Jesus told this story in Luke 16 - when both men died you might be very surprised to read what happened.

Another story is told of a rich man whose land produced plentifully, and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will tear down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, "Soul, you have ample goods laid up for many years; relax, eat, drink, be merry." But what God said to him came as a complete shock! Read the story in Luke 12:16-21.





The old derelict site of the hospital that once gave employment to many in the area is being replaced, renewed and rejuvenated by new housing. New families are being welcomed into the area to begin building new homes and relationships with neighbours. The old had to make way for the new. This is what happens with God's salvation. The Bible says in 2 Corinthians 5:17 "If any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. and all things are of God, who hath reconciled us to himself by Jesus Christ."



In the Bible in John 3 a man came to Jesus thinking that his old life was good enough but Jesus answered born again, he cannot see the kingdom of God."

Spiritual Sudoku

The goal of this Sudoku is to fill in a 9×9 grid with letters so that each column, row, and 3×3 section contain only the 9 letters in the name:

Nicodemus

John 3:4

Nicodemus saith unto him, How can a man be born when he is old? can he enter the second time into his mother's womb, and be born?

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Answers found on www.newtownbredagospelhall.com/magazine

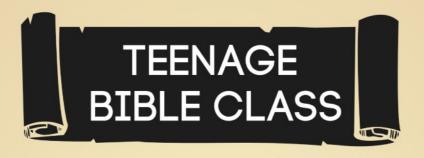
Nicodemus had many good things in his life. He was religious, rich and he had a good job; but Nicodemus was not saved, he was not born again. The Lord Jesus told him that unless he was born again he would never see the kingdom of God. Read about Nicodemus in John chapter 3.

Newtownbreda Gospel Hall Sunday School Starting September 3-3:45pm

Bible Le.

Calling all boys Grant Belvoir Bus route: Castleward Grays Park Castlehume Belvoir Drive Drumart Milltown

For pickup & drop off call Brian on 07918 886 836



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IN A COMPLICATED WORLD



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Butterflies



A butterfly starts its life as a caterpillar. When it is fully grown the caterpillar then attaches itself to a branch hanging upside down, covers itself with a chrysalis (protective covering), dissolves its body and all of its internal organs, rearranges the millions of cells into new structures, and then finally emerges from the chrysalis as a butterfly. Caterpillars are different from butterflies:

Caterpillar	Butterfly		
Has 16 Legs	Has 6 Legs		
Has 12 Eyes	Has 2 Eyes		
Eats Plants	Drinks Juice		
Has a Mouth	Has a Feeding Tube		
Walks	Flies		
Is Infertile	Has Reproductive Organs		

Caterpillars turning into butterflies are a great picture of what happens when someone gets saved. For when a person receives God's salvation not only are their sins forgiven but they are transformed from being an unfruitful creature made only for earth into a citizen of heaven, made fit for the skies to become fruitful in God's service.

Giving thanks unto the Father, who hath made us meet to be partakers of the inheritance of the saints in light: Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son: In whom we have redemption through his blood, even the forgiveness of sins: Colossians 1:12-14.



We are a group of born-again Christians who consider the Bible to be the inspired and infallible Word of God. We endeavour to follow the New Testament example of gathering to the name of the Lord Jesus Christ. We come from different nationalities and walks of life, with the common bond of having a personal knowledge of Jesus Christ as Saviour and Lord.

Times of our regular meetings:

Sunday:

11.00 am Breaking of Bread (weekly)

3.00 pm Sunday School & Bible Class (Sep-June)

6.30 pm Prayer Meeting (weekly)
7.00 pm Gospel Meeting (weekly)

Monday:

7.00 pm Young People's Meeting (Oct-March)

Tuesday:

7.30 pm Purdysburn Gospel Hour (in Purdysburn Village)

(Alternate Tuesdays, Oct-April)

Thursday:

7.45 pm Prayer meeting & Bible Reading (weekly)

Visit us: www.newtownbredagospelhall.com